



ODISHA POLICE
STATE HEADQUARTERS
CUTTACK.

No. 860 /ACR-Cell.
To

Date : 6-09-2013.

All I.P.S. officers, Odisha. (By Name).

Sub: All India Service Performance Appraisal Rule, 2007 – Revised proforma for Annual Health Check-up for IPS officers – regarding.

I am to send herewith the copy of the Government of India, M.H.A., New Delhi letter No.17011/3/2003-IPSII dtd. 29.7.2013 regarding Annual Medal Check-up for IPS officers for necessary compliance.

I.G. of Police (Personnel),
Odisha, Cuttack.

Memo No. 861 /ACR-Cell.

Date : 6-09-2013.

Copy together with copies of its enclosures forwarded to All Heads of Police Establishments, Odisha for information and necessary action.

I.G. of Police (Personnel),
Odisha, Cuttack.

Memo No. 862 /ACR-Cell.

Date : 6-09-2013.

Copy together with the copies of its enclosures forwarded to the Establishment Officer – I, State Police Hdqrs., Cuttack /Section Officer, Establishment Section, State Police Hdqrs., Cuttack for information and necessary action on Para – 2 of enclosed M.H.A. letter.

I.G. of Police (Personnel),
Odisha, Cuttack.

863 /ACR Cell
619/2d3

OD

Copy together with the copies of its enclosures forwarded to all P.A. /Stenographers, S.P. Hdqrs., Cuttack for information.

(ii) Copy to Guard file.

www.orissapolice.nic.in
Email – sphqrs.orphol@nic.in

Buxi Bazar, Cuttack-753001
Tel./Fax No.0671-2304001



No. 4623/Reg
3-8-13

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No. 17011/3/2003-IPS II

Government of India/Bharat Sarkar
Ministry of Home Affairs/Grih Mantralaya

North Block, New Delhi-1
Dated, the 29 July, 2013.

To,

The Chief Secretaries and DGPs of State Governments
(as per standard list)

Sub: All India Service (Performance Appraisal Report) Rules, 2007 –
Revised proforma for Annual health check-up for IPS officers – Reg.

Sir,

I am directed to invited your attention on the subject cited above and to forward herewith the revised proforma for Annual Health Check-up of IPS officers , as approved by the Ministry of Health & Family Welfare. The Annual Health Check-up format is also available on the official website of Ministry of Home Affairs at : <http://mha.nic.in> for information and guidance.

2. It is also informed that Ministry of Health & Family Welfare has approved revised rates for health check-up in respect of IPS Officers at Rs. 2000/- for Men and Rs. 2200/- for Women.
3. It is further informed that only part "C" of the Annual Health Check-up is required to be attached in the PAR of the IPS officer.
4. The content of this letter may be brought to the notice of all IPS officers.

Yours faithfully,

K. Natarajan

(K. Natarajan)

Under Secretary to the Govt. of India

ell
Encl : As above.

Copy to: UT(Services) Section, Min. of Home Affairs :- for information and necessary action.

SL NO. 47 (R)

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Government of India
Ministry of Health & Family Welfare
Department of Health & Family Welfare
Nirman Bhawan, New Delhi
(Medical Services Division)

No. A 17020/04/12-MS

Dated the 8th July, 2013

OFFICE MEMORANDUM

**Subject : The All India Services (Performance Appraisal Report) Rules, 2007-
Annual Medical checkup for IPS officers - Reg.**

The undersigned is directed to refer to the Office Memorandum No. 17011/3/2003-IPS.II dated the 21st May, 2013 received from the Ministry of Home Affairs on the above mentioned subject and to forward herewith the proforma for health checkup of IPS officers, as vetted by the Director General of Health Services. IPS officers may be requested to go to the hospitals identified for the annual medical check-up, the list of which is available on the website of the Department of Personnel and Training. The charge for the medical checkup is Rs 2000/- (Rupees two thousand only) for men and Rs. 2200/- (Rupees two thousand two hundred only) for women, which may be reimbursed to the officers by Ministries / Departments in which the officers are posted.

Sl. No. 20
Dy No 3782/20 /IPS-II
Date 11/7/13

Encl: as above.

(V.P. Singh)
Deputy Secretary to the Government of India
Tel-011-2306 1831

To

The Ministry of Home Affairs,
(Shri K. Natrajan, Under Secretary)
North Block,
New Delhi - 110 001

Dispatch TS NO. 48858/13

11/7/13
Dm' KL

PRO FORMA FOR ANNUAL HEALTH CHECK UP OF INDIAN POLICE SERVICE (IPS) OFFICERS

Name -

Age -

Sex - M/F

(A) (I) Examinations

1.	<p>General Physical Examination</p> <p>(i) Height (ii) Weight (iii) Chest Expansion (iv) BMI (v) Brief Clinical history, if any</p>
2.	<p>Systemic Examination</p> <p>(i) Respiratory System (ii) CVS (iii) Abdomen (iv) CNS (v) Locomotor System (vi) Dental Examination</p>
3.	<p>Eye Examination</p> <p>(i) Distant Vision (ii) Vision with Glasses (iii) Colour Vision (iv) Tonometry (v) Fundus Examination</p>
4.	<p>ENT</p> <p>(i) Hearing (ii) Oral Cavity (iii) Nose (iv) Throat (v) Larynx</p>
5.	<p>(i) Urological Examination (for men only) (ii) Rectal Examination (for men only)</p>

6.	Gynecological Health Check Up (i) Pelvic Examination (a) Local Examination (b) Per Vaginum (P/V) (c) Per Speculum (ii) Surgical Examination (iii) Breast Examination
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(II) Investigations

1.	Haemogram (i) Haemoglobin (ii) TLC (iii) DLC (a) Polymorphs (b) Lymphocytes (c) Eosinophils (d) Basophils (e) Monocytes (iv) Peripheral Smear
2.	Urine Examination (i) Colour (ii) Albumin (iii) Sugar (iv) Microscopic Examination
3.	Blood Sugar (i) Fasting (ii) Post-Prandial
4.	Lipid Profile (i) Total Cholesterol (ii) HDL Cholesterol (iii) LDL Cholesterol (iv) VLDL Cholesterol (v) Triglycerides
5.	Liver Function Test (i) S. Bilirubin (total) (ii) S. Bilirubin (direct) (iii) S.G.O.T. (iv) S.G.P.T.

6.	Kidney Function Test (i) Blood Urea (ii) S. Creatinine (iii) S. Uric Acid
7.	Cardiac Profile (i) S.LDH (ii) CK-MB (iii) S.CRP (iv) SGOT For Men (v) PSA For Women (vi) PAP SMEAR
8.	X-Ray-Chest PA View Report
9.	ECG Report
10.	USG Abdomen Report
11.	TMT Report
12.	Mammography Report (Women)

B. MEDICAL REPORT OF THE OFFICER

1.	Haemoglobin level of the officer	Normal/Low
2.	Blood Sugar Level	Satisfactory/Normal/High/Low
3.	Cholesterol level of the officer	Normal/High/Low
4.	Liver Functioning	Satisfactory/Normal/Dysfunctioning
5.	Kidney Status	Normal / Both/one kidney not functional optimally
6.	Cardiac Status	Normal/Enlarged/Blocked/Not normal

C. SUMMARY OF MEDICAL REPORT (only copy of this part is to be attached to PAR)

1.	Overall health of the officer	
2.	Any other remarks based on the health medical check up of the officer	
3.	Health Profile Grading	

Date :

Signature of Medical Authority

Designation: